



Member Update

Dining

NEW - Summer Menus - With some great local produce now coming into season Chef Frederick has added new dishes to the [lunch](#) and [dinner](#) menus, including Gazpacho; a Bruschetta with Fresh Tomatoes, Fresh Mozzarella and a Balsamic Reduction; and a Butter Roasted Gnocchi with Sharondale Mushrooms, Peas, Roasted Red Peppers and a Sherry Vinaigrette.

Reminders -

- **Indoor dining** is back. 50% of capacity, reservations appreciated, call 434-817-0507. Hours: 11:30-9pm Fri-Sat, 10:30-8pm Sun, 11:30-8:30 Tue-Thu. Accompanied guests welcome. Closing time = last order taken.
- **The 19th Hole** is also open at 50% capacity. Hours are Tue-Sat 11-7pm, Sun 10:30-5pm.
- **Sunday brunch** has returned, menu [here](#).
- Full lunch and dinner [menus](#) are available for **take-out and delivery**, 11:30-8, Tue-Sun. Call 817-0507 or order [online](#).
- The [Glenmore Store](#) offers pantry and household staples.

Fitness

Reminder - Now open with a 30% capacity max, 6 members downstairs, 3 upstairs. Hours are 6am-6pm every day.

- Max usage 60 minutes per person.
- Bring your own towels and water.

- To use the Fitness Center you must have security access through the BRIVO system. Email [Mark](#) if you need access.
- State guidelines do not require masks while exercising in the fitness center or participating in classes. Please stay 10+ feet apart.
- Equipment has been professionally treated with EPA approved Virex antimicrobial protectant. This is long lasting treatment which does not damage circuit boards the way alcohol or peroxide based sanitizers can. Use whatever sanitizer you wish on your hands, but stick to the provided gentler solution for the equipment. Free weights were not treated so anything can be used there.

Pool

NEW - Junior Swim Academy & Elite Swim Programs - Registration is now open for the 2020 Glenmore Swim Academy program. Our 2020 Academy will look quite different from the usual JSL programming and will be instructional only. Program registration is limited to 16 swimmers per group to provide a 4:1 coach to swimmer ratio. There are groups for ages 5 & 6, 7-10, and 11+. We've also created a separate group, Elite Swim, for our year-round competitive swimmers. Full details and sign up [here](#).

Reminder - Now open, exercise swimming, water aerobics and swimming instruction/lessons are all okay. Lounging, reading and sunbathing are permitted. Lounging in the pool itself is not permitted. Pool noodles are permitted only for exercise. Rafts & floats are not be permitted yet other than for a parent to pull or push young children or those with disabilities in the lanes for fitness.

Reminder - Reservations required, call 434-817-0534. Family and adult pools time slots are available in either :45 or 1:45 minute increments from 7am until 7pm daily. Beginning Tue 6/16 the family pool will be reserved for [junior activities](#) from 7-11am every weekday. The adult pool is open during those times.

Golf

For more info about, or to sign up for, any of the events below please email [Jack](#) or [David](#), or call the Pro Shop at 434-817-0502. Sign up sheets are no longer posted outside the Pro Shop for COVID-19 safety.

NEW - July 4th Flag Tournament - Sat 7/4 - Players receive a flag with their name and total net strokes. Everyone starts on #1 and plants their flag wherever they run out of strokes--complete 18 within your stroke allowance and loop back around to #1. Farthest out flag wins. \$10 entry fee with all money going toward prizes for 1st, 2nd and 3rd places. Men's and ladies

divisions, play with whomever you'd like. Tee off any time before 1pm then join us for a socially distanced cookout from 4-6pm. Look for the flags of defending champs Thelma Murphy and Bernard Esclapez, both on #2.

Reminder - Ladies Member-Member, Sat-Sun 6/27-28 - The theme this year is golf without the glitz. \$20 entry fee per team which all goes towards prizes. Tee times begin both days at 8:30am for both 9 and 18 hole players.

Reminder - GWGA and Silver Eagles - Remember to sign up week-to-week via a quick email to [Jack](#). If you do not get a confirmation email from Golf Genius tournament software prior to the weekly deadline please let us know-- we need an accurate email address for online tee times, pairings and score posting.

NEW Superintendent's Update - We've been clearing and trimming holly bushes by the patio to open the view up towards #18.



Social

Reminder - Parties - Gatherings up to 50 now permitted at your place or ours within the guidelines. Email [Kaitlin](#) for more info.

NEW Member Spotlight - Welcome to newlyweds Brian and Joselyn Roy, who've recently moved to Glenmore after combining households. Brian is involved in real estate development, including the Woolen Mills historic renovation, and Joselyn works in online educational sales for Legends of Learning. Along with Cooper (16) and Maddox (14), they stay active golfing, hiking, running races and exercising with Seal Team PT locally. The boys

attend Monticello and enjoy swimming and cross county (Cooper) and soccer (Maddox). They all enjoy spending time at the beach with family and are looking forward to an upcoming Napa trip.



Suggestions are always welcome at:

suggestions@theclubatglenmore.com

www.theclubatglenmore.com

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